

## After School Club Descriptions Fall 2019

### Primary Campus ONLY

#### Yoga for Kids

Yoga with Ms Henning offers an age-appropriate Yoga practice including breathing instruction, relaxation techniques, stretching and strengthening poses, all using fun-filled music, games, and imagination. Yoga classes with Ms Henning are a unique opportunity to give your child skills that will provide a sense of balance, calm, and power for years to come.

**Day:** Monday **Time:** 3:00-4:00pm **Grades:** K-5 **Duration:** 6 weeks **Fee:** \$45 (each session)  
1st 6 week session August 26th - October 7 (No class September 2)  
2nd weeks session October 14th - December 9th (No class November 11, 21 & 28)

#### Introduction to Drama Club

We are thrilled to introduce another section to our Fine Arts Department here at Placer Academy! Students in grades 1 - 5 interested in learning the basics of theatre and the stage are invited to register. We will develop the foundational skills of theatre through drama games and exercises. It's going to be a blast! This fall semester will culminate in December with a fun showcase for parents. We look forward to seeing you up in "lights" soon.

**Day:** Tuesday **Time:** 3:00-4:00pm **Grades:** 1-5 **Duration:** 14 weeks **Fee:** \$125  
August 27th - December 10 (No class November 21 and November 28).

#### Slime Science

Do you love squishy, stretchy, fluffy slime? Do you learn best by exploring with your hands? Join Slime Science, where we explore the science behind slime! Together in Slime Science, we'll construct bonds using fluffy slime, create satisfying textures, learn how chemical reactions work, create bubbling slime, experiment with edible slime and much more!

**Day:** Wednesday **Time:** 3:00-4:00pm **Grades:** K-5 **Duration:** 7 weeks **Fee:** \$75  
August 28th - October 9th

#### GrossERology

If you thought Grossology was nasty (but Awesome), then get ready to experience EVEN GROSSER GROSSNESS in GrossERology! Discover the science behind some of your favorite undoubtedly repugnant projects. By Attending GrossERology, be prepared to experience the world in a disgustingly different and nicely nasty way. These classes will be sure to test your gag reflex so gear up for more grossness and sign up today.

**Day:** Wednesday **Time:** 3:00-4:00pm **Grades:** K-5 **Duration:** 7 weeks **Fee:** \$75  
October 16 - December 11 (No class November 21 and November 28).

#### Music Club

Do you love to sing? Do you love experimenting with different types of instruments? Then Music Club is for you! In Music Club, you'll have the chance to explore the fundamentals of music a little more deeply than what we have time for during our regular Music class. You'll have the chance to play instruments such as rhythm sticks, glockenspiels, egg shakers, boomwhackers, and explore bucket drumming. Come and learn new songs, gain more confidence in performing, and most of all, have FUN!

**Day:** Thursday **Time:** 3:00-4:00pm **Grades:** K-5 **Duration:** 14 weeks **Fee:** \$105  
August 29th - December 12 (No class November 21 and November 28).

### **Math Games**

It's almost impossible to get through a day without using math in some way. Our world is full of numbers, shapes, patterns, time and money. No matter what your skill level, this is the place to have fun with math. Through games and hands on activities we will explore several mathematical concepts. There is no pressure to learn, just fun and games while practicing our math skills and building our confidence.

**Day:** Thursday **Time:** 3:00-4:00pm **Grades:** K-3 **Duration:** 7 weeks **Fee:** \$55 (each session) or \$10 drop in rate

1st 7 week session August 26th - October 7

2nd 7 weeks session October 14th - December 9th (No class November 21 & 28)

### **Upper Academy ONLY**

### **Yoga for UA Kids**

Certified Yoga Instructor, Mrs. Blake offers 60 minutes of yoga instruction to promote health and wellness for middle schoolers. The focus will be on form, building a practice the students can do at home, and mindful awareness of breath as well as clearing away the mental chatter of the day. Scheduled in 7-week sessions, students can take what they've learned and use it at home, or sign up for another session to deepen their practice with new poses or refine the work they've begun. Please wear stretchable clothes. Some yoga mats are available, but you may bring your own as well.

**Day:** Tuesday **Time:** 3:15-4:15pm **Grades:** 6-8 **Duration:** 7 weeks **Fee:** \$45 (each session)

1st 7 week session August 27th - October 8th

2nd 7 weeks session October 15th - December 10th (No class November 21 & 28)

### **D&D**

Do you enjoy mystery, adventure, and board games? Have you been wanting to play tabletop rpgs but can't find a group? Come to the new D&D after school club! Bring some dice and creativity and join us after school!

**Day:** Wednesday **Time:** 3:15-4:15pm **Grades:** 6-8 **Duration:** 14 weeks **Fee:** \$135

August 28th - December 11 (No class November 21 and November 28).

### **Advanced Drama (4-8) - Upper Academy**

We are pleased and excited to announce that Advanced Drama Club is now open to grades 4-8! *NOTE: 4th and 5th graders registering **must have** previous theatrical experience and parents will need to provide transportation to the Upper Academy campus.*

Students will work on building confidence, skills, and collaborative performance experiences to the next level. We're planning some fun winter performances for early December to showcase our fine efforts!

Advanced Drama Club will meet on Thursday afternoons from 3:15 - 4:30 (**and one Friday each month from 12:30 - 3:00**). Entire fall/winter rehearsal and performance schedule is available upon request from Mrs B. [jboynton@placercademy.org](mailto:jboynton@placercademy.org).

**Day:** Thursday **Time:** 3:15-4:30pm **Grades:** 4-8 **Duration:** 14 weeks **Fee:** \$135

August 29th - December 12 (No class November 21 and November 28).